



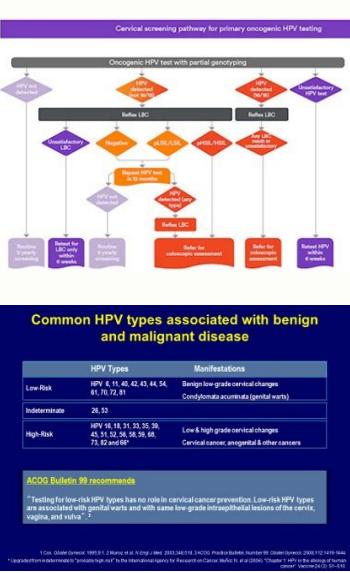
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# Cervical cancer screening guidelines racgp



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## CERVICAL CANCER SCREENING

Cervical screening is the process of detecting and removing abnormal tissue or cells in the cervix before cervical cancer develops. Cervical cancer screening is essential in prevention from the cervical cancer or any other related health issue.

### Types of screening

1. Conventional cytology
2. Liquid-based monolayer cytology
3. Human papillomavirus testing

#### Conventional cytology

Liquid-based cervical cytology was developed to improve the diagnostic reliability of Pap smears. Pap smears can have false-negative and false-positive results because of inadequate sampling and slide preparation, and errors in laboratory detection and interpretation.

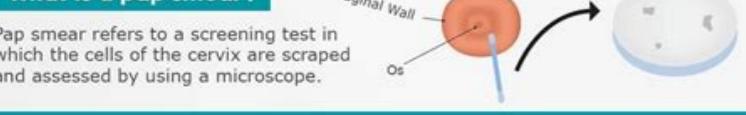
#### Liquid-based monolayer cytology

Liquid-based cytology is a method of preparing samples for examination in cytopathology. The sample is collected, normally by a small brush, in the same way as for a conventional smear test, but rather than the smear being transferred directly to a microscope slide, the sample is deposited into a small bottle of preservative liquid.

#### Human papillomavirus testing

The Pap test is a very good test for finding cancer cells and cells that might become cancer. HPV is a virus that can cause cervix cell changes. The HPV test checks for the virus, not cell changes. The test can be done at the same time as the Pap test, with the same swab or a second swab.

#### What is a pap smear?



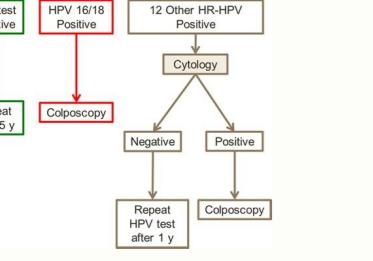
<https://www.euromedmeddubai.com/obstetric-gynaecology/cervical-cancer-screening/>

## Cervical Cancer Screening Guidelines

Group	ACOG 2009	USPSTF 2012	ACS 2012
Women age <21	No screening	No screening	No screening
Women age 21-29	Cytology every 2 years; HPV testing not recommended	Cytology every 3 years; HPV testing not recommended	Cytology every 3 years; HPV testing not recommended
Women age 30-65	Cytology every 3 years if three consecutive normal results; addition of HPV testing also appropriate	Cytology every 3 years or cytology plus HPV testing every 5 years	Cytology plus HPV testing every 5 years (preferred) or cytology alone every 3 years; both are regardless of screening history
Women age >65	Following three normal screening results and no abnormal results in the last 10 years, screening may be discontinued	If adequately screened in the past, screening should be discontinued	If adequately screened in the past, screening should be discontinued
Women with total hysterectomy and no prior history of high-grade CIN	No need to continue screening if hysterectomy was for benign indication	Screening should be discontinued	Screening should be discontinued

ACOG, American College of Obstetricians and Gynecologists; USPSTF, U.S. Preventive Services Task Force; ACS, American Cancer Society

Journal WATCH



Cervical screening testing is a new and more accurate way to protect women from cervical cancer. It was introduced to Australia in December 2017 and is expected to protect nearly a third more women from cervical cancer than the old Pap test. The Pap test used to look for changes in the cells of the cervix, the entrance to the uterus (uterus) from the vagina. Now the cervical screening test looks for evidence of the human papillomavirus (HPV), which can lead to cellular changes in the cervix. The cervical screening test looks and feels the same as the Pap test. But it is only done every five years instead of every two years, if the results are normal. If you are a woman aged 25-74, you should have your first cervical screening test 2 years after your last Pap test. If you are called for a test, talk to your doctor or call the national cervical 194 screening program: 1600n 13 15 56 for more information. Watch this video to learn more about cervical screening and why the new HPV test replaced the pap smear. Video provided by Lab Test Online AU. What is HPV? HPV is a very common virus that spreads through skin-to-skin contact (which often occurs during sex). Almost all cases of cervical cancer are caused by genital HPV. You may be exposed to HPV the first time you have sex, even if you use a condom. In fact, there are more than 100 strains of HPV, and 4 out of 5 people have at least one type of HPV virus at some time in their lives. There is no treatment for HPV. HPV produces no symptoms and often goes away on its own. But some types of HPV viruses can remain in the body and eventually cause abnormal cells to develop. This can lead to cancer of the cervix, anus, vagina, vulva, penis or throat. HPV can also cause genital warts, id id opit osrevid nu ad itasvac onos ;ÀÄçÀ ormac li Árvia e hbc acifingis non latinegchcurrev erevA\_itattart etnemicaef eresse onnosop virus. The HPV vaccine, in addition to introducing the cervical screening test, now the Australian government vaccinates all children of the school age 12å, against HPV. It d's free, as part of the national immunization program (NIP). Older children up to 19 can receive free recovery vaccinations from the general practitioner or primary health care clinic, and older adults can still access the HPV vaccine at a cost. Who needs the cervical screening test? Women should not start doing cervical screening tests until they become 25. If you à younger than 25, it is highly unlikely that she has cervical cancer and has probably been vaccinated against HPV as part of the NIP. You must have the test if: you have aged from 25 to 74 years you have a cervix that you have ever been sexually active. You must have regular cervical screening tests even if you have been vaccinated against HPV, or if you identify as lesbian or transgender. What to expect from the cervical screening test to do a cervical screening test is like making a Pap test. While you lie on your back with your knees bent, your doctor or nurse inserts a tool called speculum into your vagina so they can see the cervix. Then they use a brush to take a sample of cells from the cervix. The sample is placed in a liquid-containing tube and sent to a laboratory to be analyzed. The doctor will tell you about the results, which may indicate: You have an HPV infection. Another cervical screening test is not required for another five years. You will be sent a reminder from the National Screening Cervical Program. You have an HPV infection. Your body will probably get rid of HPV alone. But you'll need another cervical screening test within twelve! takes ten to fifteen years to develop cervical cancer. If the second test is clear, you need another test for five years. If you still have HPV HPV infection 12 months, you may need to consult a specialist. You have some type of HPV or abnormal cells have been found. The doctor will direct you to a specialist for further tests. It doesn't necessarily mean you have cervical cancer. You have a result of the unsatisfactory test. The lab was unable to read the sample. You'll have to repeat the test in 6-12 weeks. Doesn't mean something's wrong. Myths and FAQs "Now there are no Pap tests I don't need more invasive tests". The cervical screening test is performed in the same way as the Pap test. The only difference is that you only need it every 5 years, not every 2 years. "The cervical screening test will not collect cervical cancer which is not caused by HPV." More than 99% of cervical cancer are caused by HPV. Only very rare types of cervical cancer (less than 1%) are not related to HPV. " cervical cancer may be missing in young women because they are not tested." Cervical cancer is very rare in women under 25 years - less than 2 women out of 100,000 have it. "I don't need the test because I don't have any symptoms." HPV usually does not cause any symptoms. The cervical screening test aims to prevent cervical cancer, so you need it even if you are healthy. The test is painful." The test should not be painful. Try to be as relaxed as possible to avoid any discomfort. "I need the test only if I am sexually active." Cervical cancer may take 10 to 15 years to develop. If you have ever been sexually active - even once, with males or females - you should still have the cervical screening test. "I did HPV vaccination, so I don't need the test." HPV vaccination does not protect against any type of HPV. You need regular screening of cervical cancer thoughvaccinated. Where to search for more information Visit the National Cervical Screening Program website or call the 13 1356. 56.

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